

*One Flew Over the Cuckoo's Nest* By Ken Kesey  
English 12  
Mr. Monsen

**Directions:** Complete steps 1-9 in order in your notebook. *You have two weeks to complete this assignment, so pace yourself.*

**Step 1:** Respond to the following journal prompt in your notebook.  
**Be appropriate.**

- 1) What are some words, phrases, thoughts that come to mind when you think of someone who is mentally ill?

**Step 2:** Write in your notebook if you think each statement is **true or false**. Then write a short explanation for why you answered the way you did.

1. One in every four people develops one or more mental disorders at some stage in life.
2. Mental illnesses are more common than cancer, diabetes, or heart disease.
3. No mental disorders can be prevented.
4. Most people with a mental disorder seek treatment and help.
5. Mental illnesses rank first among illnesses that cause disability in the United States, Canada, and Western Europe.
6. Approximately 20% of the people who are homeless in America suffer from serious and persistent mental illnesses.

**Step 3:** Use your phone to look up the following mental disorders and take notes on each in your notebook.

**Bipolar disorder**  
**Schizophrenia**  
**Depression**  
**Anxiety**

**Step 4:** Read the descriptions of people who suffer with a mental illness below and use your notes to diagnose this person with the mental disorder you believe they suffer from.

1. A person with this mental disorder experiences intense mood swings that alternate feelings of extreme rage with feelings of euphoria. They are often distracted, irritable, and have unrealistic confidence in their abilities. This illness is difficult to manage because at one moment the person seems fine, but the next they are in a state of destruction. What is this disorder?  
\_\_\_\_\_

2. A person with this mental illness may hallucinate, have confusions about reality in life, and no longer be able to recognize themselves. They may hear voices that are not there or see things that are not real. What disorder does this describe? \_\_\_\_\_

3. A person suffering from this disorder would regularly feel sad, empty, and show a lack of energy or enthusiasm for life. They may lose or gain weight rapidly, have problems sleeping, and have thoughts of suicide or hurting oneself. What disorder does this describe? \_\_\_\_\_

**Step 5:** Look up the three treatments below and know each well:

**group psychotherapy**

**electroshock therapy (also known as Electroconvulsive therapy or ECT)**

**lobotomy**

**Step 6:** Read or listen to the article about author Ken Kesey and the origins of his novel "One Flew Over the Cuckoo's Nest" at the following website:

<https://www.npr.org/2012/02/01/146210681/keseys-cuckoos-nest-still-flying-at-50>

**Step 7:** Read the play version of “One Flew Over the Cuckoo’s Nest” attached below this assignment on my website. Go to the “View” tab and “Rotate the View” so you can read the play.

**Step 8:** Take the Act I and the Whole Play Test for “One Flew Over the Cuckoo’s Nest” in my google classroom. You do not have to submit any of the above work to me. **Your grade for this assignment will be based on the tests you take on the play.**

**Step 9:** Watch the movie version of *One Flew Over the Cuckoo's Nest*. You won't be disappointed. Beware though... it is Rated R and there is foul language.